

## Food Guidelines for Elementary Schools (2018 – 2019)

Competitive food (any food other than that provided through Food Service whether sold or free) may not be sold/served between the hours of 7:00-4:30. If you want to make an exception, you need to work through me and Mr. Woods to make that happen. There is documentation required to ensure that all components are served and that no prohibited items are offered to students to ensure that the entire month of reimbursement is not jeopardized. At no time should students ever be fed lunch or breakfast twice during a school day.

Below is the list of foods of minimal nutritional value that should NOT be offered, much less sold to students per CFR 210.11 (a)(2); CFR 210 App. B CN39-02, 11-03, 34-5, 14-07, 25-27, 17-08 and 12-10:

Soda water

Water Ices (Otter pops, icees, etc)

Chewing Gum

Candies:

- Hard Candy

- Jelly and Gummies

- Marshmallow Candies

- Fondant

- Licorice

- Spun Candy (Cotton Candy)

- Candy Coated Popcorn

In addition, below is the list of specific prohibited foods and beverages from elementary campuses per ARS 15-242 3.8, which means they should NEVER BE OFFERED OR SOLD at an elementary school event, much less during the day:

All deep fat fried chips and crackers

Fruit/Vegetable Drinks containing less than 100% juice Whole Fat Milk, regular or flavored

Caffeine/Energy Drinks Sports Drinks/Electrolyte-Replacement Drinks (Gatorade, Power Ade, et)

Carbonated Beverages

For parent events (Muffins with Mom, Donuts with Dad) during the hours of 7:00-4:30, please have your PTA work with Mr. Woods to provide the food items that meet guidelines. Food Service will need at least two weeks to be able to get in allowable items for your events, so please contact Mr. Woods as early as possible to do so. We appreciate your commitment to our students and to working with us to ensure they receive healthy choices at all times during the school day and we want to help make your events successful as well as being in compliance with guidelines so as to not jeopardize monies the District receives through the NSLP.

Please let me know if you have any questions. Admin assistants, please forward to PTA presidents if they are using an email address other than the one listed.

Thanks,

Sue Johnson

Executive Director of Human Resources

Buckeye Elementary School District